

# SoCal Sleep Dentistry

## Preoperative History & Physical Exam

Patient Name: \_\_\_\_\_  
Height: \_\_\_\_\_ BMI: \_\_\_\_\_ DOB: \_\_\_\_\_  
Weight: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

**Medical History** Please circle within normal limits (WNL) or describe any deviation from WNL.

General: WNL \_\_\_\_\_  
Neuro/Psychiatric: WNL \_\_\_\_\_  
Cardiac: WNL \_\_\_\_\_  
Pulmonary: WNL \_\_\_\_\_  
Hematology/Bleeding history: WNL \_\_\_\_\_  
Endocrine: WNL \_\_\_\_\_  
Musculoskeletal: WNL \_\_\_\_\_  
Other: WNL \_\_\_\_\_

### Physical Assessment

Eyes: WNL \_\_\_\_\_ Neck: WNL \_\_\_\_\_  
Nose: WNL \_\_\_\_\_ Heart: WNL \_\_\_\_\_  
Oral Cavity: WNL \_\_\_\_\_ Chest: WNL \_\_\_\_\_  
Throat: WNL \_\_\_\_\_ Abdomen: WNL \_\_\_\_\_

Medications (attach list if necessary): \_\_\_\_\_  
Surgical history (attach list if necessary): \_\_\_\_\_  
Allergies (attach list if necessary): \_\_\_\_\_

### Anesthetic, Family, and Social History

Has the patient ever had IV sedation or general anesthesia? Circle one: YES NO

Is there any family history of complications with anesthesia? Circle one: YES NO

List any other pertinent family history  
(cardiac, pulmonary, bleeding disorders): \_\_\_\_\_

Are there any smokers in the household? Circle one: YES NO

Adult Alcohol Use: Yes/No Tobacco Use: Yes/No Drug Use Yes/No If yes,  
Patients If yes, # drinks per day\_\_\_\_ If yes, type of tobacco and describe drugs used and  
describe (e.g. packs per day) frequency

Please attach any recent lab work or studies that the patient has received (e.g. EKG, echo, HbA1c level, etc.) Are there any contraindications to this patient receiving IV sedation/general anesthesia? Circle one: YES NO (If yes, please explain)

Reviewing Physician's Name: \_\_\_\_\_  
Office Phone Number: \_\_\_\_\_  
Office Fax Number: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_  
Date of Exam: \_\_\_\_\_